

## Daily menu - MEJ&U23 2019 8.7.-14.7.2019



	per person	
Grammage of meat	200g	raw
Grammage of side dish		According to standards, choice of two side dishes where stated
Grammage of served salad	250 g	comes with all dishes in a bowl
Fruit/dessert	1 pc	per person
Water		Comes with all dishes
Bread		2 pcs with soup
Serving		Porcelain serving dishes with cutlery and tray

**Venue**  
**Breakfast: 6:30-9:00**  
**Lunch 11:30-14:30**  
**Dinner 18:00-20:00**

**Hotels**  
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			Supplements
<b>Monday</b> 8.7.2019	<b>Soup - lunch</b>	Pork and barley soup	Fruit
	<b>Menu 1</b>	Chicken steak, steamed vegetables, jasmine rice/ boiled potatoes	Fruit
	<b>Menu 2</b>	Pork chop, steamed vegetables, jasmine rice/ boiled potatoes	
	<b>dinner</b>	Chicken fillet with tomato cream sauce, pasta/bulgur	Dessert
<b>Tuesday</b> 9.7.2019	<b>Soup - lunch</b>	Carrot cream soup	
	<b>Menu 1</b>	Herb-roast turkey, steamed carrot, couscous/jasmine rice	Fruit
	<b>Menu 2</b>	Chicken roulade with herbs, steamed carrot, couscous/jasmine rice	
	<b>dinner</b>	Roast chicken with vegetables, rice, boiled potatoes	Dessert
<b>Wednesday</b> 10.7.2019	<b>Soup - lunch</b>	Beef broth with noodles and vegetables	
	<b>Menu 1</b>	Chicken fillet, tomato sauce, pasta/potatoes	Fruit
	<b>Menu 2</b>	Poached cod, tomato sauce, pasta/potatoes	
	<b>dinner</b>	Pork chop with vegetables, mashed potatoes/rice	Dessert

<b>Thursday</b> <b>11.7.2019</b>	<b>Soup - lunch</b>	Broccoli soup	
	<b>Menu 1</b>	Spaghetti Bolognese sprinkled with grated cheese	Fruit
	<b>Menu 2</b>	Braised pork shoulder, vegetables with corn, jasmine rice/pasta	
	<b>dinner</b>	Turkey thigh fillet, ratatouille, rice/potatoes	Dessert
<b>Friday</b> <b>12.7.2019</b>	<b>Soup - lunch</b>	Vegetable minestrone	
	<b>Menu 1</b>	Nile Tilapia fillet with herbs and curry vegetables, potatoes/rice	Fruit
	<b>Menu 2</b>	Herb-roast chicken leg with curry vegetables, potatoes/rice	
	<b>dinner</b>	Roasted pork with thyme, butter carrot, pasta/bulgur	Dessert
<b>Saturday</b> <b>13.7.2019</b>	<b>Soup - lunch</b>	Cauliflower soup with eggs	
	<b>Menu 1</b>	Chicken thigh fillet with curry sauce, jasmine rice/couscous	Fruit
	<b>Menu 2</b>	Turkey breast fillet, pasta/rice	
	<b>dinner</b>	Roast beef with thyme, roasted vegetables, egg barley/rice	Dessert
<b>Sunday</b> <b>14.7.2019</b>	<b>Soup - lunch</b>	Broth with vegetables	
	<b>Menu 1</b>	Roast chicken with vegetables, egg barley/rice	Fruit
	<b>Menu 2</b>	Turkey roulade, baked beetroot, pasta/gnocchi	
	<b>dinner</b>	Sirloin in cream sauce, dumplings/bacon dumplings	Dessert