NEW ICF PARACANOE
PHYSICAL ASSESSMENT CHART FOR THE LEGS
VA'A

Athlete ID Number [   ] **Federation** [   ]

REMINDER: Only the Muscle Strength scores (shaded in orange) will be used for the ICF Paralympic Classification System.

If an athlete scores 2 for Muscle Strength they will automatically score 2 for ROM. Passive ROM is only tested if the athlete scores 0 or 1 on strength.

Functional Assessment		Muscle Strength through sports specific ROM (0 – 2 Scale)		Passive ROM (0 – 2 Scale)	
LOWER LIMBS		RIGHT	LEFT	RIGHT	LEFT
HIPS					
Flexion	80º - 130º				
Extension	130º - 80º				
KNEE					
Flexion	25º - 60º				
Extension	60º - 25º				
ANKLE					
Plantarflexion	10º - 40º				
Dorsiflexion	40º - 10º				
Leg Press				██████	██████
TOTAL LOWER		/14	/14	/12	/12
DIFFERENTIAL (-)					

Total number of points scored =   /28

Does athlete meet minimal eligibility criteria? (loss of 4 points on one limb) If NO athlete is classed as Not Eligible (NE)	YES	NO

Which cluster does this score fit into? (tick one box)	Cluster 1 (0-2 points)	Cluster 2 (3-17 points)	Cluster 3 (18-24 points)

NOTE :This cluster number needs to be added to the cluster numbers for the Trunk Assessment and the On water Observation, to give the athletes overall score.